

Can we improve cities for people & biodiversity?

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 **BlueSky:** @ecostanley.bsky.social

*Te Kura Mātauranga Koiora/School of Biological Sciences
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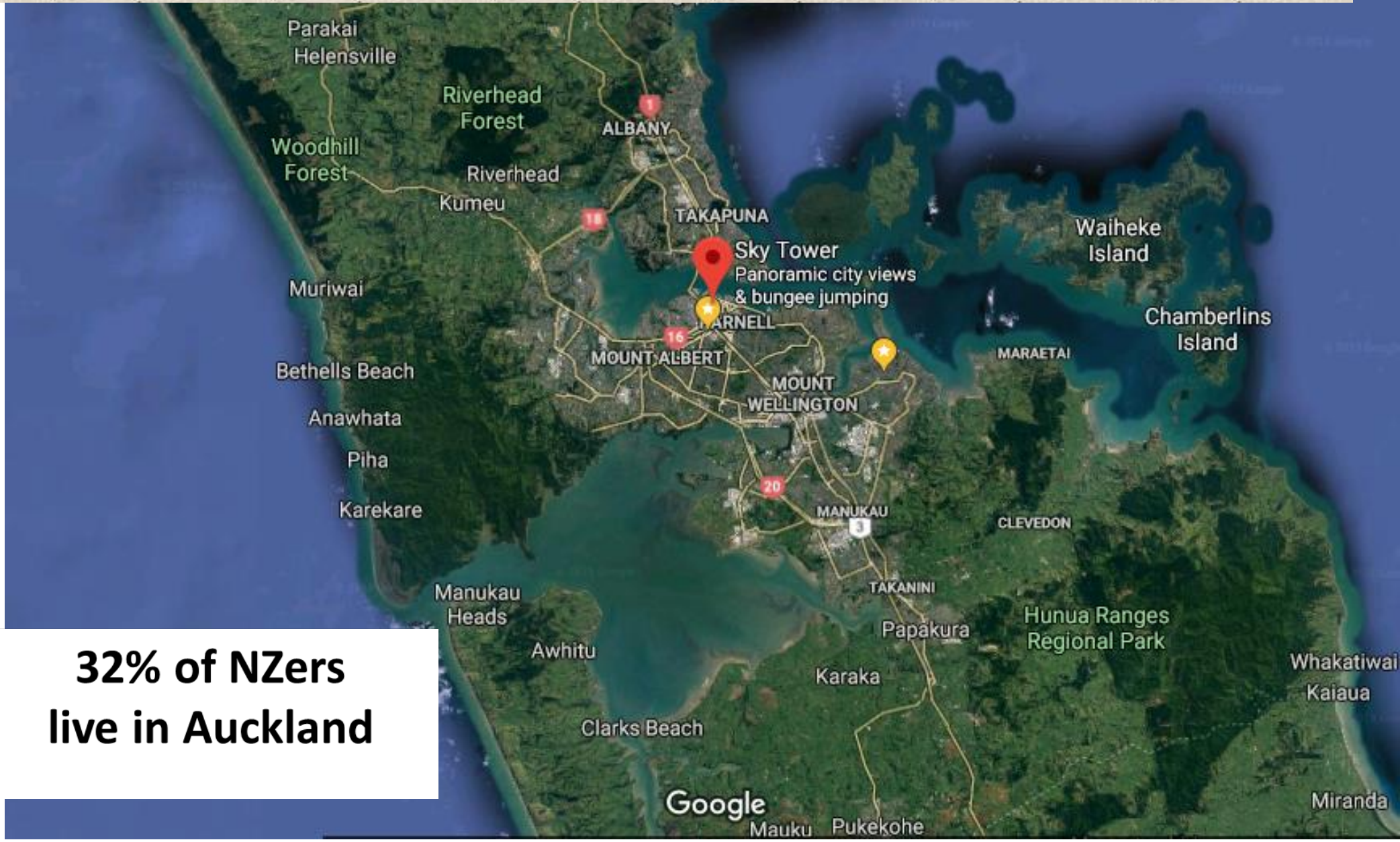


SCHOOL OF BIOLOGICAL SCIENCES
SCIENCE



Paris, France

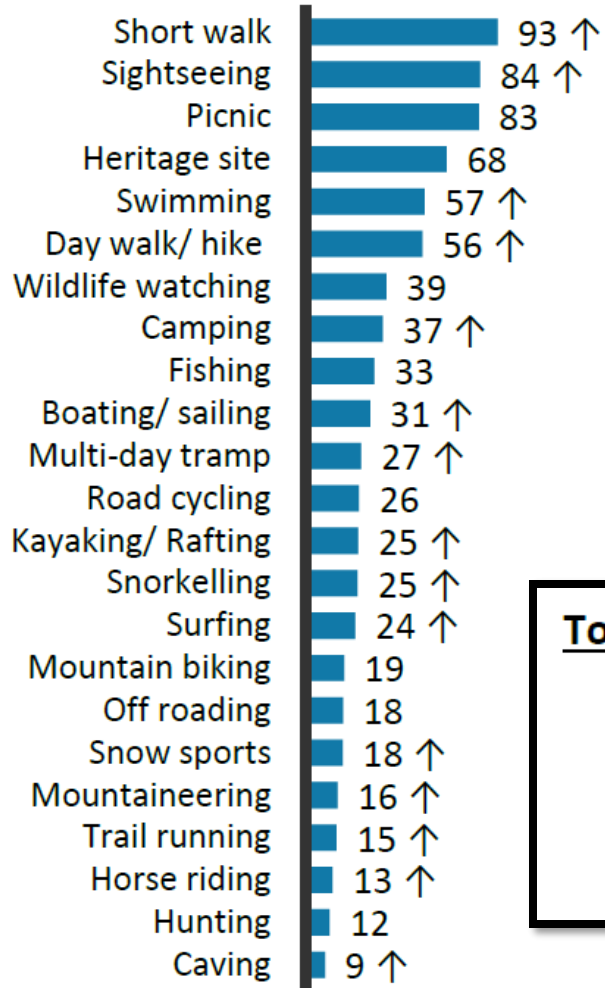
Globally, people increasingly live in cities



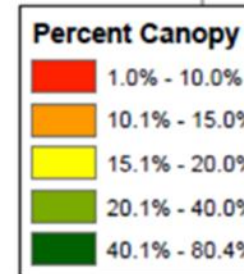
**32% of NZers
live in Auckland**

People only connecting with nature in cities?

Auckland

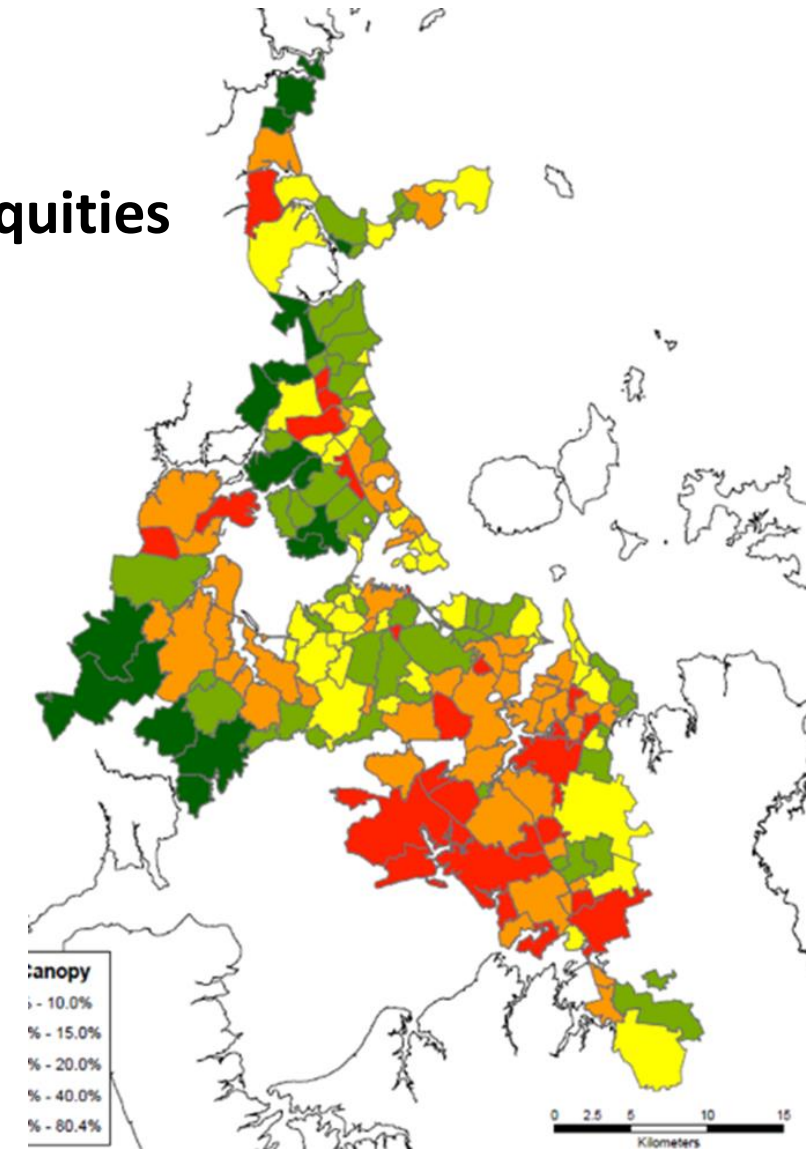


Auckland urban forest inequities

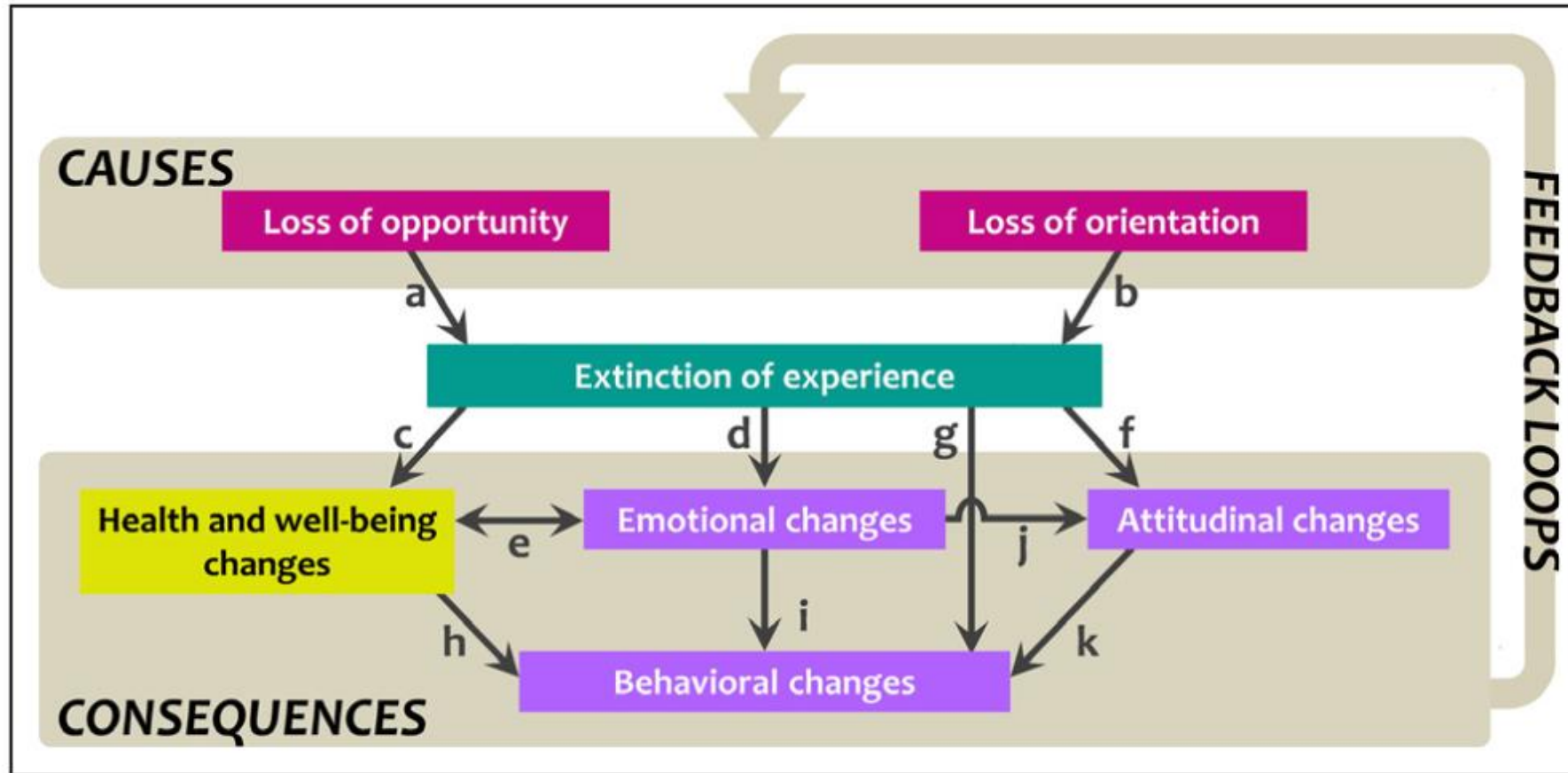


Top four outdoor recreation barriers

- 37%** - Traffic delays (↑)
- 33%** - Prefer to do other things
- 32%** - Cost too much to get there
- 32%** - Finding things that fit in with lifestage

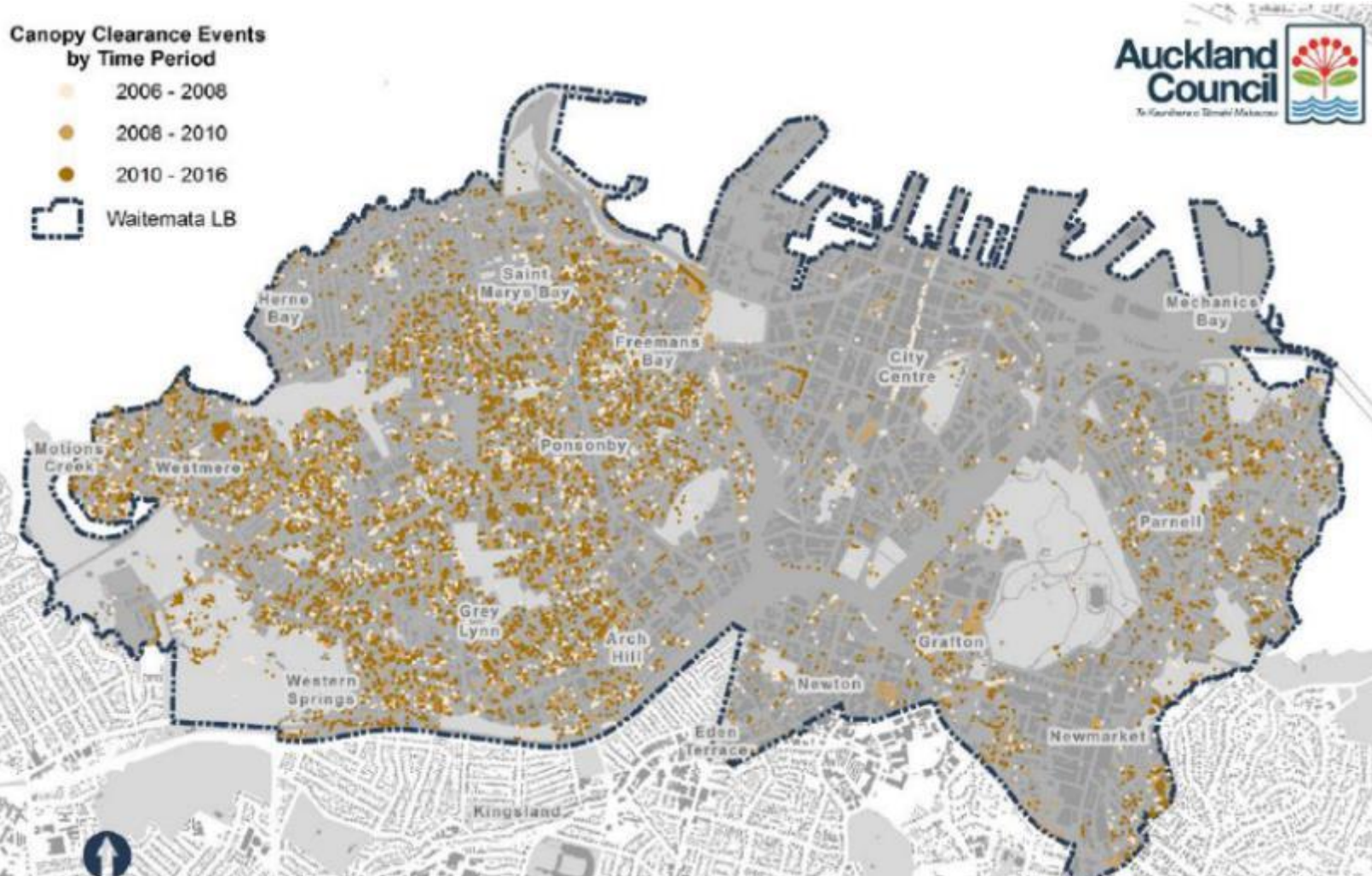


Consequences for biodiversity = apathy



Soga, M., & Gaston, K. J. (2016). Extinction of experience: the loss of human–nature interactions. *Frontiers in Ecology and the Environment*, 14(2), 94-101.

Tree loss - up to 35% urban forest



Death by a thousand cuts

“It’s just one tree”

Light pollution

Lunar cycle in Auckland is partially masked by light pollution – how does that affect organisms?



McNaughton EJ, Gaston KJ, Beggs JR, Jones DN, Stanley MC. (2022). Areas of ecological importance are exposed to risk from sky glow. *Urban Ecosystems*
doi.org/10.1007/s11252-021-01149-9

Light pollution

Blinded by the light: how light pollution affects our environment

What is light pollution?

Daily light and dark cycles create a natural rhythm that is important for many organisms. Some species are only active at night, some migrate by night, most set their internal clocks to the changing length of days and seasons.

Sources of pollution

Light pollution disrupts these natural cycles. **Artificial light at night** comes from human sources such as transportation (cars & planes), electric lighting in buildings, houses, and signs.

DISPLAYS & ADVERTISEMENTS

Sky glow is when the night sky is brightened by diffuse light. Sky glow from artificial light in cities outshines natural sources like the moon.

Not all artificial light is the same.

Human light sources differ in intensity, brightness, spectral composition, and timing (street lights, seasonal lights)—all of which change how much different species are affected.

BUILDINGS

LED LIGHT

Effects across the tree of life

Not only nocturnal animals are affected.

By perceiving light pollution as daylight, the physiology and behavior of many organisms can change.

AMPHIBIANS

BIRDS

FISH

INVERTEBRATES

MAMMALS

REPTILES

PLANTS

HUMANS

Biological consequences

Light pollution influences many levels.

For example, it alters:

MOLECULAR RESPONSES & GENE EXPRESSION

Biological clock expression timing

HORMONES & PHYSIOLOGY

Hormone production, metabolism, cardiovascular systems

BEHAVIOR

Sleep/wake time, resource discovery, reproduction, communication

POPULATIONS

Density, gene flow, home range size, intraspecific competition

COMMUNITIES

Predator-prey interactions, food web processes

ECOSYSTEM FUNCTION

Species interaction networks, trophic cascades, nutrient cycling

Biodiversity loss in cities

indigenous ecosystems & threatened species occur within cities



Negative biodiversity impacts =
higher in cities with high levels of endemism

Aotearoa's biodiversity

ENDEMIC – found nowhere else in the world



<https://environment.govt.nz/publications/our-land-2024/>

Endemism = designated one of 25 global biodiversity “hot spots”

We don't know what we're losing...

- 33% of our species are ‘data deficient’
- Only ~50% of insect species described (= 30% for wasps, bees, ants)



Auckland has biodiversity!

Beetle species in suburban Auckland

- 982 beetle species
- 753 of them endemic!



Kuschel, G. 1990. *Beetles in a suburban environment: a New Zealand case study*. DSIR Plant Protection Report no. 3.

Endemism of plants = high endemic biodiversity

Highly specialised evolutionary relationships

- Fungi & lichen have long evolutionary histories with endemic plants
- Herbivorous insects have evolved to specialise on 1-2 hosts' defenses = they cannot complete their life cycle on other plant species

If we don't have native plants – then we don't have the specialist endemic species that evolved on them

Cities = filled with generalists
- we lose our endemic specialists



Photo: Tim Holmes



Photo: Oliver Ball

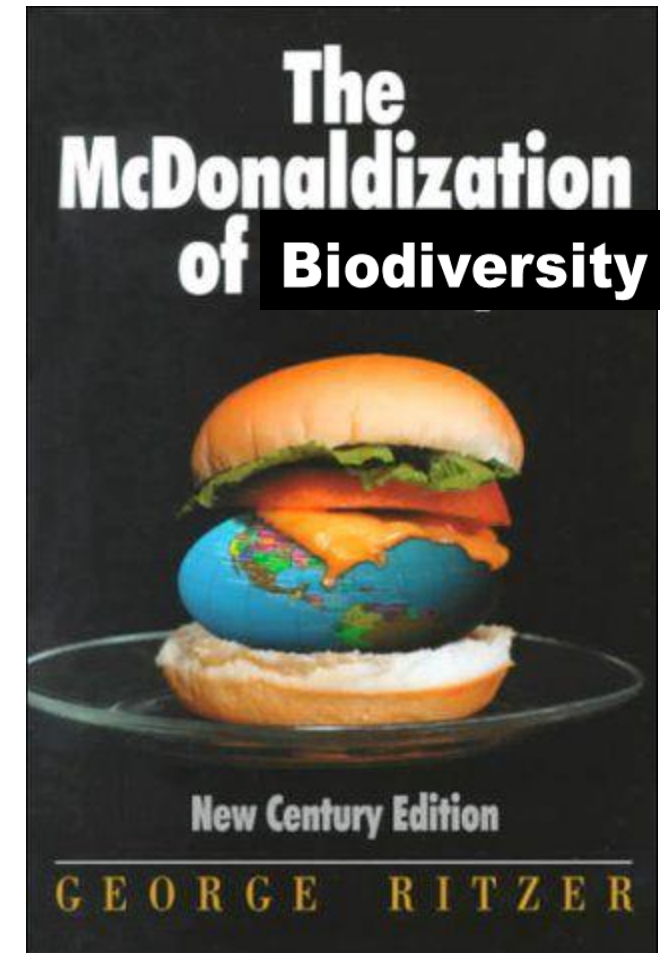
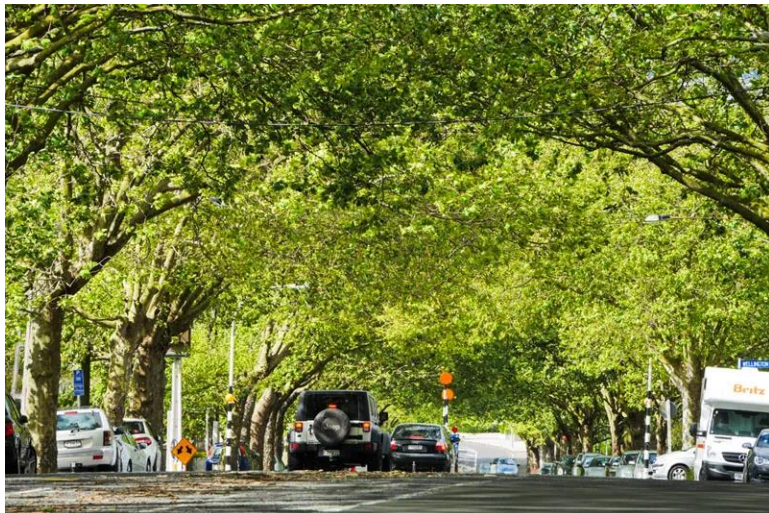


Photo: Manaaki Whenua

or the specialist endemic species that evolved to eat them!

Sense of place is critical = colonial history rather than indigenous biodiversity

Biotic Homogenisation



Street trees – heavy bias towards exotic trees

Street trees = 9% of Auckland's urban forest canopy

Surveyed 1407 trees on 47 streets across Auckland:

- 75% exotic species, 25% native species
- 12 species banned under RPMP
- Monocultures: Myrtaceae
(risky: myrtle rust & rapid death o'hia)



Notable tree schedule

3471 natives (49 spp.) + 3517 exotics (193 spp.)

Tree species	Number of individuals
1. Pohutukawa	1430
2. Oak	903
3. London plane	619
4. Totara	513
5. Puriri	398
6. Norfolk Island pine	335
7. Kauri	294
8. Phoenix palm	253
9. Titoki	243
10. European olive	201



**40% of native spp.
= pōhutakawa**

WYSE SV, BEGGS JR, BURNS BR, STANLEY MC (2015). Protecting trees at an individual level provides insufficient safeguard for urban forests. *Landscape & Urban Planning* 141: 112-122

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Which species provide fruit/nectar for native birds?

90% of native species

27% of the exotic species

WYSE SV, BEGGS JR, BURNS BR, STANLEY MC (2015). Protecting trees at an individual level provides insufficient safeguard for urban forests. *Landscape & Urban Planning* 141: 112-122

Impacts on Indigenous people in cities

Colonisation has strongly influenced urban planning & plant choice globally

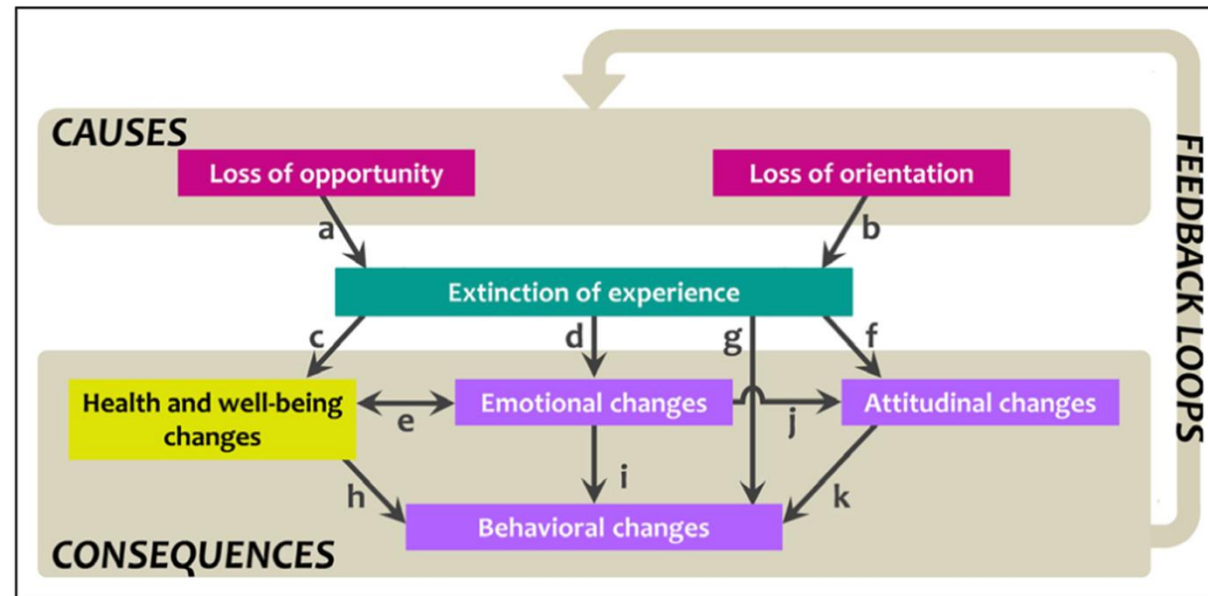
Colonisation: Indigenous peoples in urban areas have lost language & cultural practices associated with native species and their use
= decline in wellbeing

Rodgers et al. (2023). Plants of place: justice through (re)planting Aotearoa New Zealand's urban natural heritage.
Architecture_MPS 25:1-25



Are residents disconnected from their local indigenous environment?

Struggle to get buy-in for enhancing biodiversity if **emotional connection** to indigenous biodiversity not present



Applying non-specific wildlife gardening practices

47% New Zealanders feed birds

- 84% feed bread
- 45% feed seed
- 16% feed sugar water



Galbraith et al (2014) Quantification, drivers, and risks of wild bird feeding: a multifaceted approach to understanding the consequences of a popular human pastime. *Biological Conservation* 180: 64-74

Native birds don't eat bread & seeds!



kererū



korimako



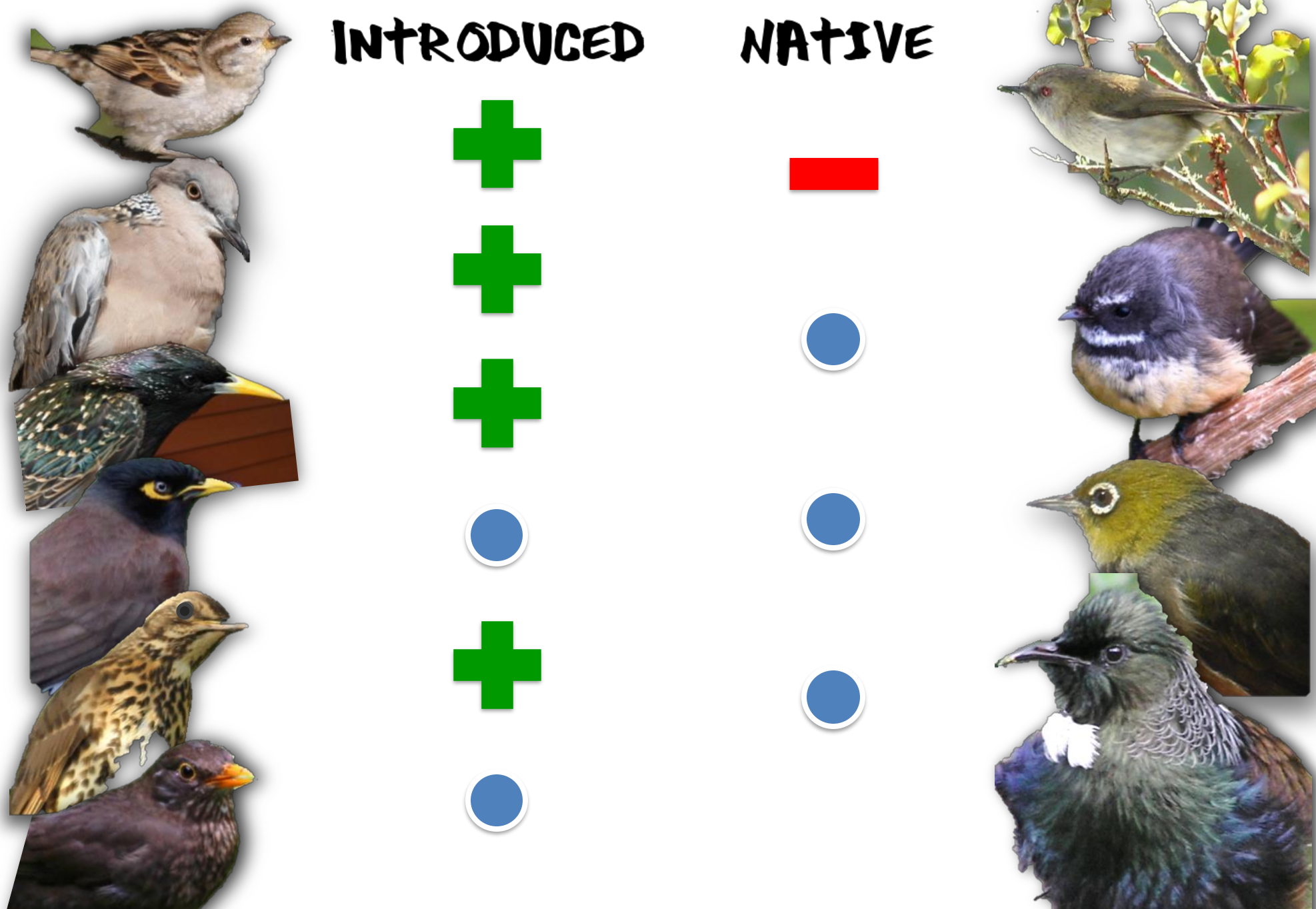
pīwakawaka



riroriro



tūī



Encouraging people to think about local context

- No bread/seeds
- Only sugar water in winter – let birds pollinate!
- Clean, clean, clean (hot water & scrub)
- Make predator-proof



<https://theconversation.com/how-to-feed-your-garden-birds-if-you-want-to-attract-and-support-native-species-195434>



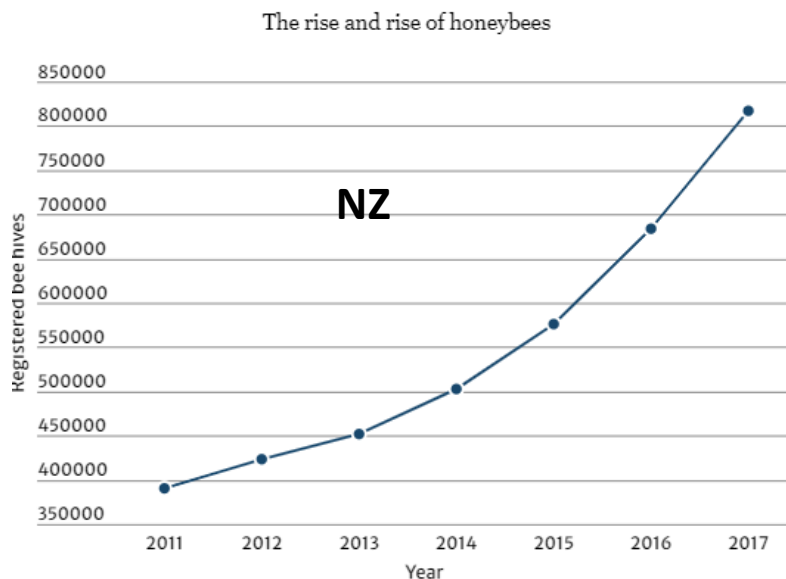
Recommend:

**add native plants to your garden
= natural food sources!**

Applying non-specific wildlife gardening practices



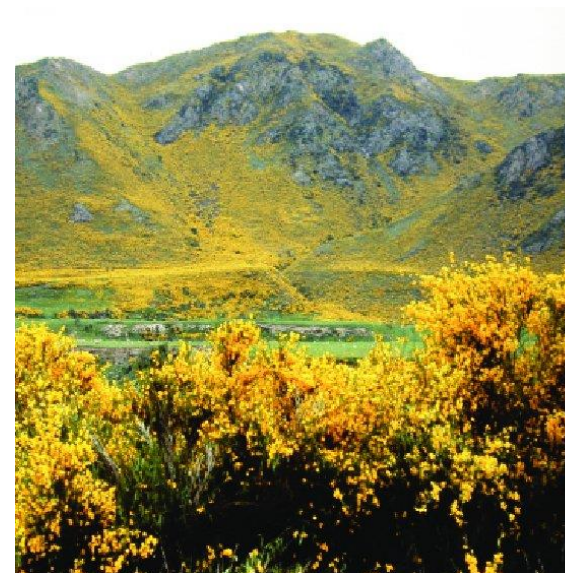
Global 'bee crisis' - is it global?



SOURCE: MPI APICULTURE REPORT, 2016

Native bees - small, solitary and under threat

Nikki Macdonald - Canon Short-form Feature Writer of the Year - 05:00, Feb 17 2018



at Whangarei Heads.

ANNA KOKENY

- **Honeybees:**
- Outcompete native bees (28 spp.)
- Disrupt pollination of native plants
- 'Rob' nectar from native species (e.g. Kakabeak)
- Spread weeds by pollinating them
- People plant weedy species for honeybees

Ngaro huruhuru
Native bees

Art: Ngaire Hart





Backyards matter!

Community > individual property rights



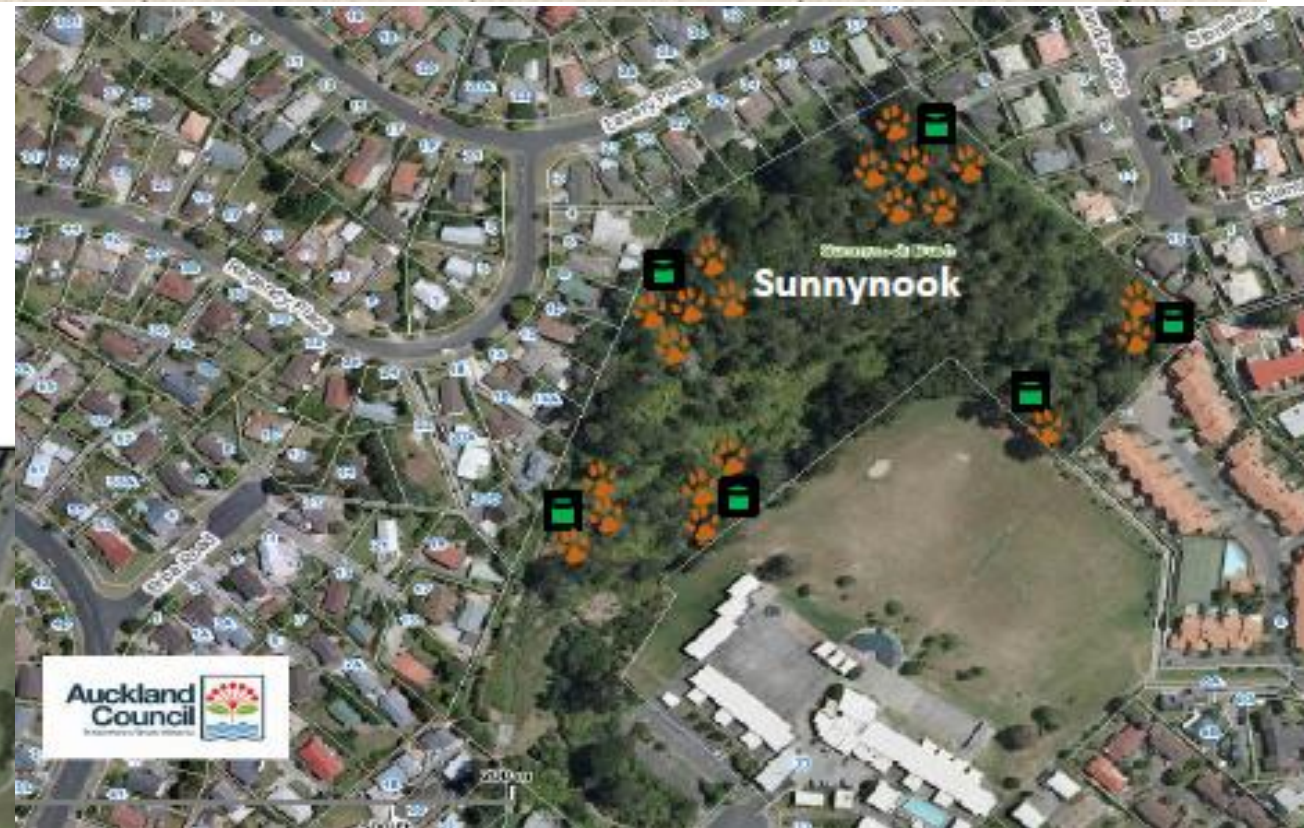
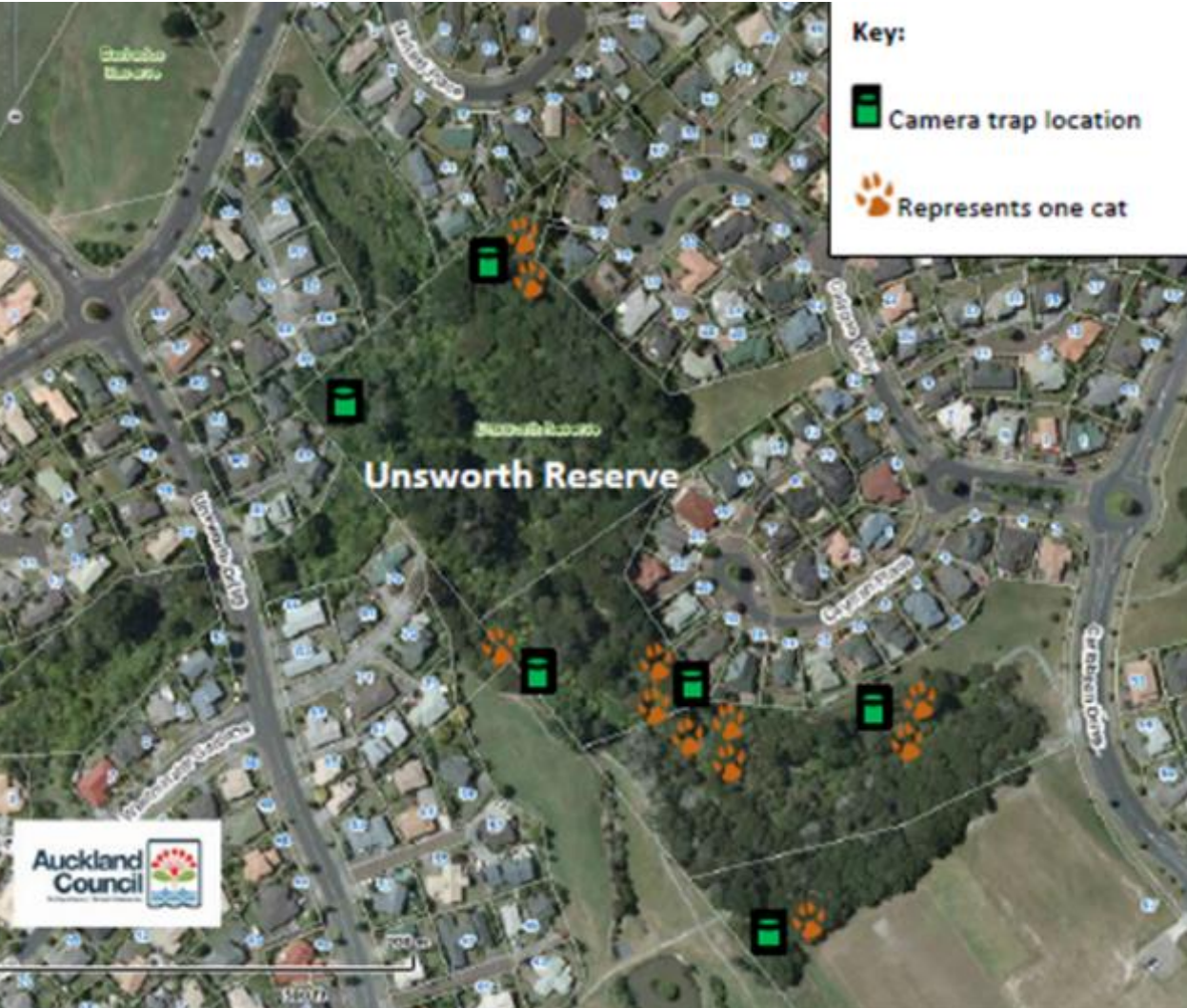
Backyards: Connectivity to natural area



Backyards with spillover impacts: Cats



MSc student:
Sam Lincoln



8x urban forest fragments

- 53 individual cats

Cats visiting my (no cat) home

Suburban Saint Johns, ~500m² property



18 DIFFERENT cats in 8 months



Love your cat....keep it inside

Fenced in felines – keeping cats and wildlife safe

JULY 20, 2020 BY KATE GUTHRIE

Barbara Clarke's cats, Sammy and Smudge enjoy a fantastic view over the Pukawa bush reserve from their favourite sunspot on the deck. But because they're indoor cats that's as close as they get to the rich birdlife and insect life in the adjacent forest.



Bernard Of K Road
@BernardOfKRoad



<https://predatorfreenz.org/stories/indoor-cats-pukawa/>

Fewer vet bills
= safe from traffic
= safe from cat fights

No fleas!

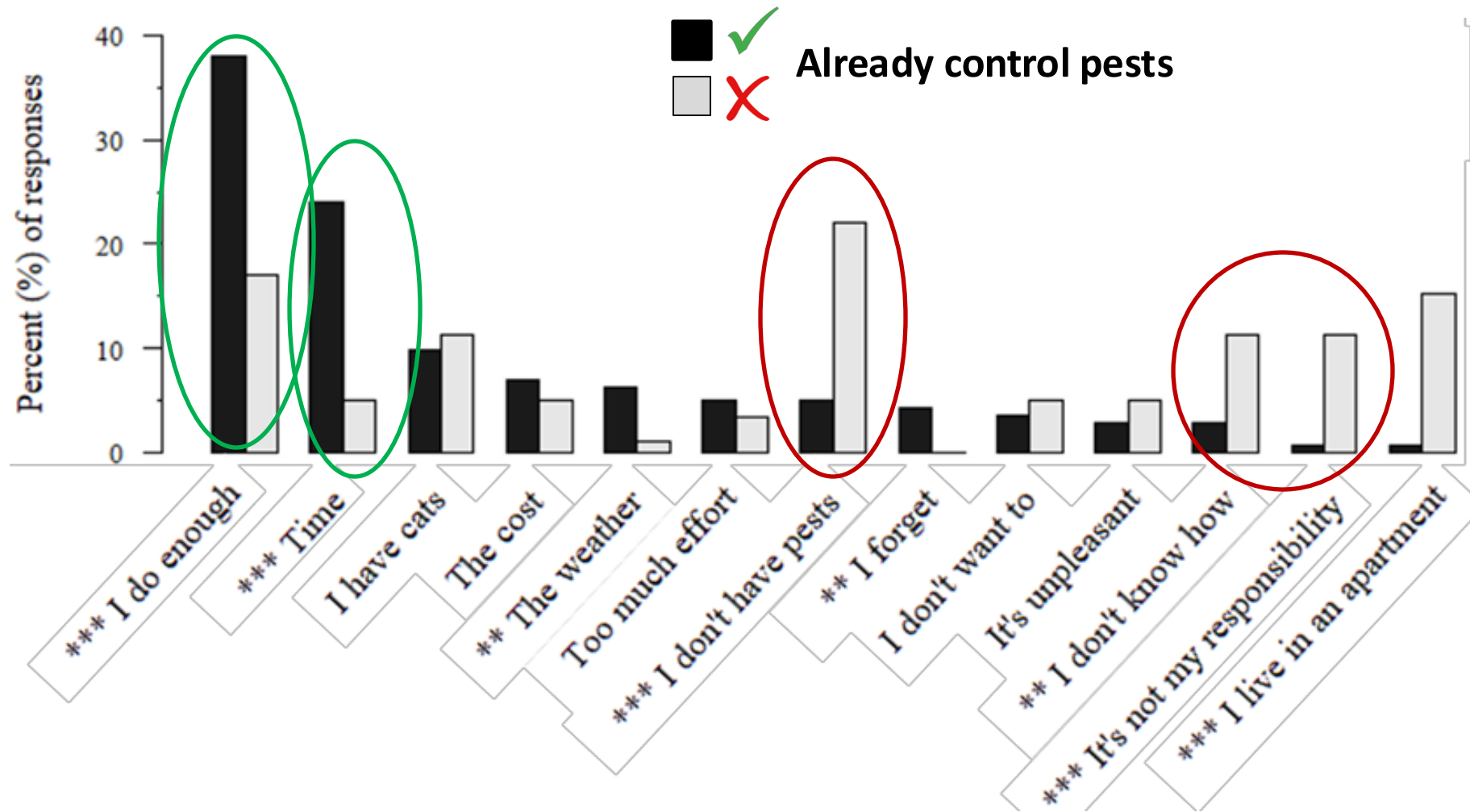
Backyard rats!



When you do **rat** control in your backyard =

- Get more native birds
- Higher nest success – chicks survive!

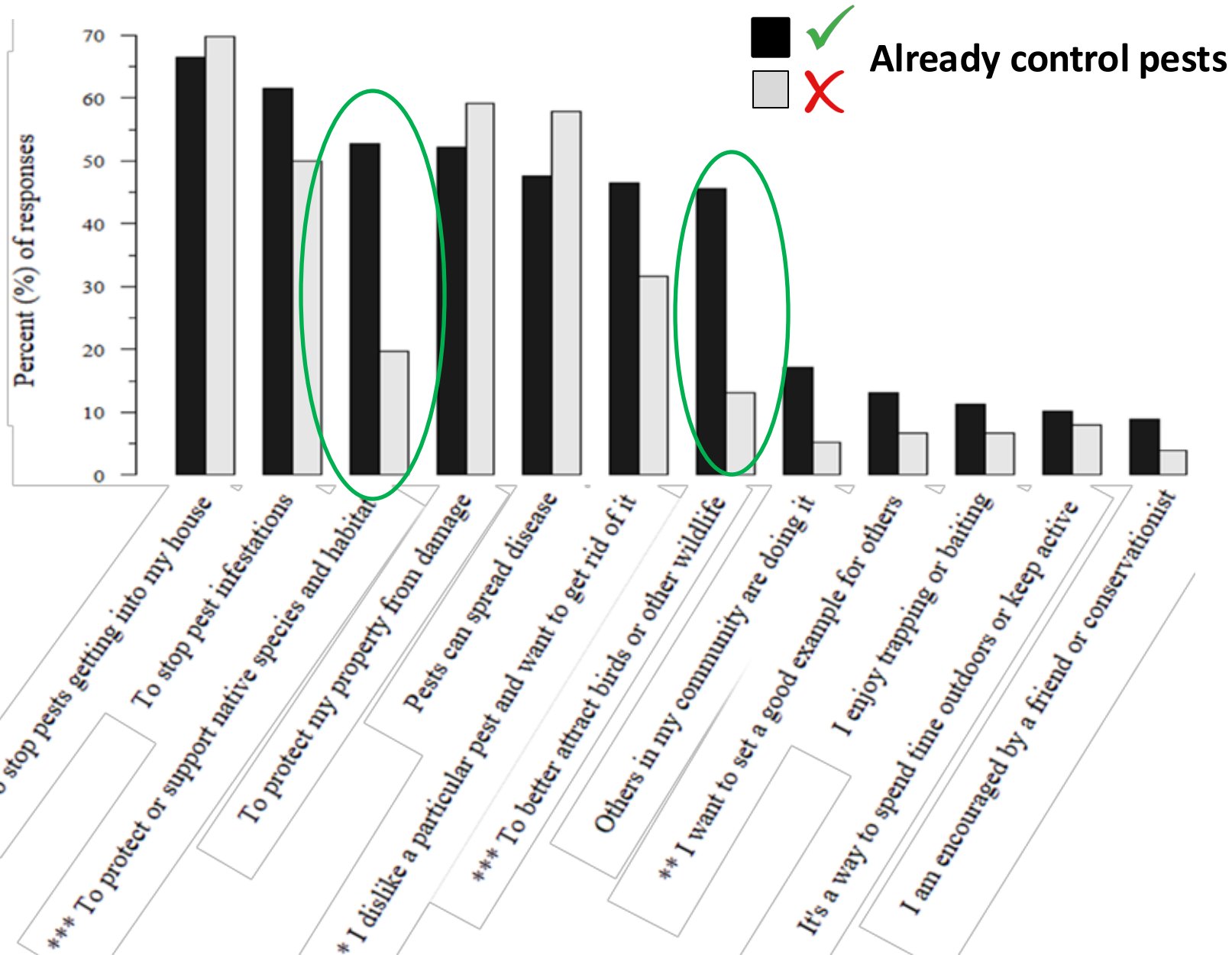
What are barriers to you controlling pests?



General population:

- Pests not visible?
- Not my job

What would motivate you to control pests?

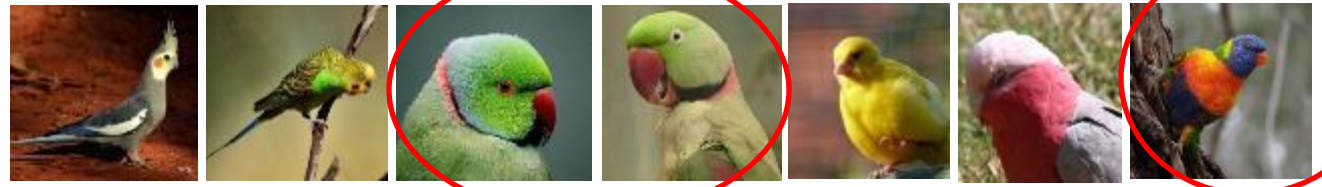
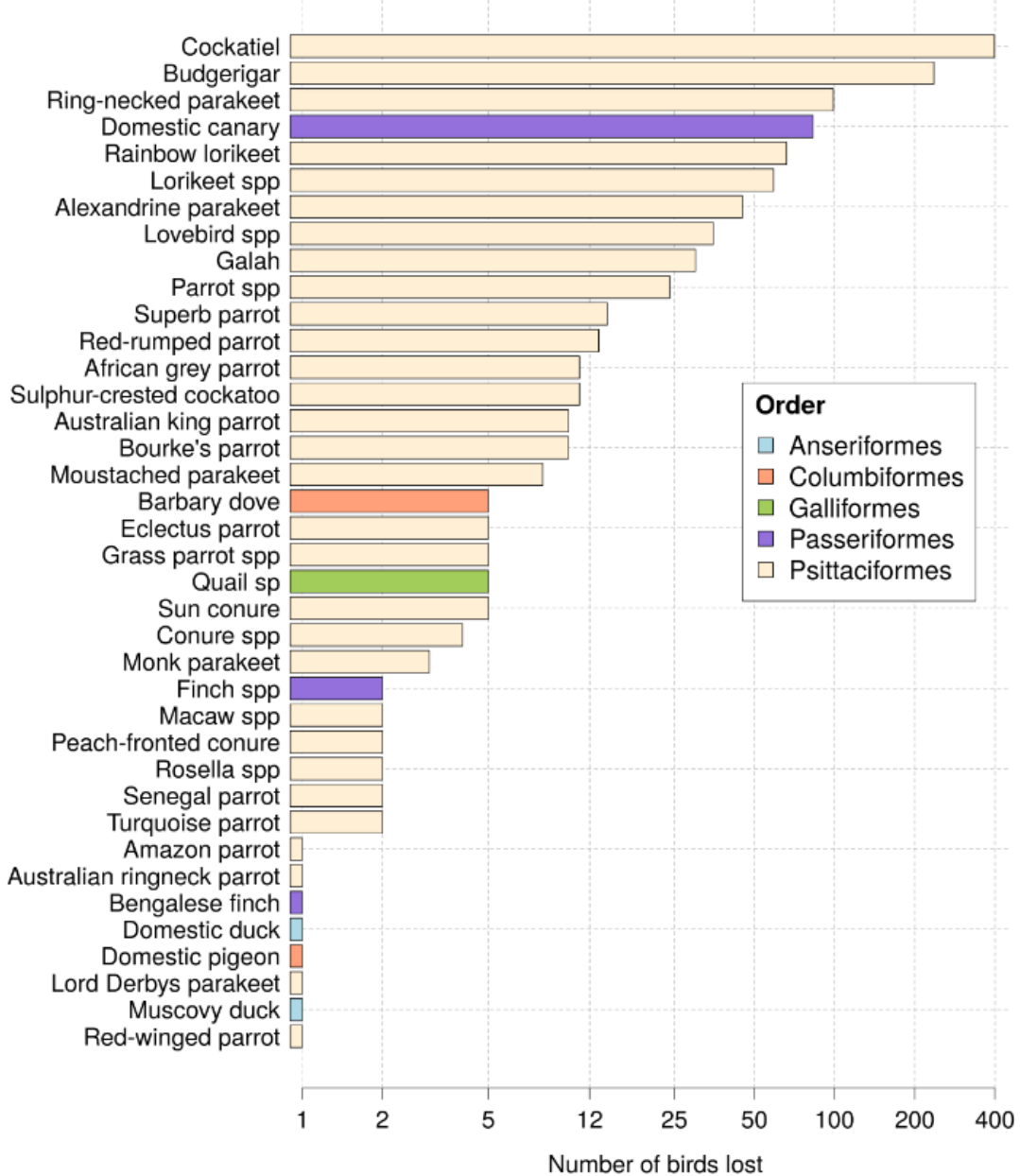


General population motivated by:

Self-interest
(e.g. property damage)

NOT for biodiversity reasons

The next wave...invasive parrots



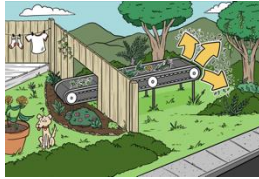
>80% prob. of a male-female pair at large in the same local board area at any given time

Stanley et al. (2023). Cumulative propagule pressure exerted by escaped parrots. *Journal of Applied Ecology*

Backyards as gateways for invasive weeds



30 000 introduced species



20/yr

~2158 native
plant species

>2600 wild introduced
plant species

386+ environmental weeds

58% environmental weeds
originally
ornamental plants

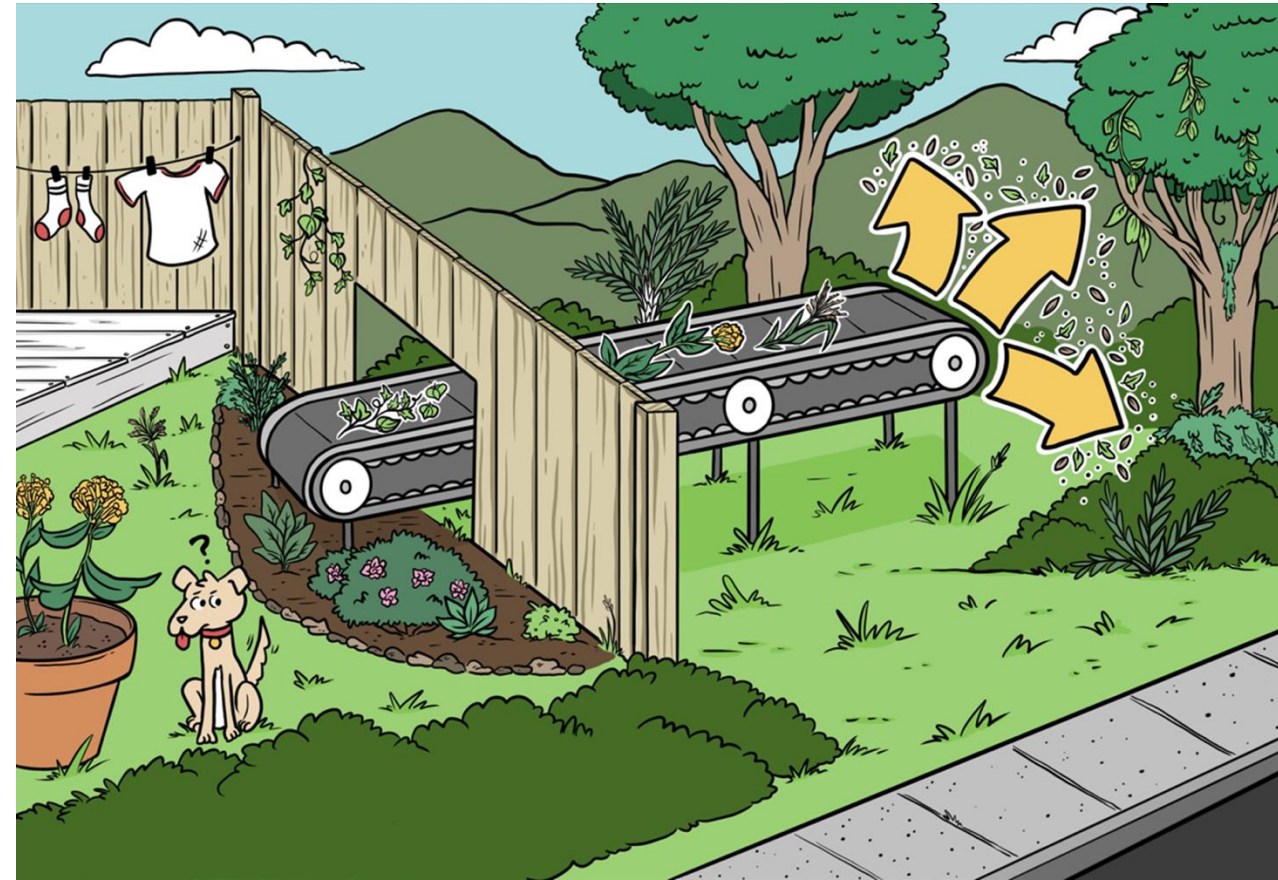
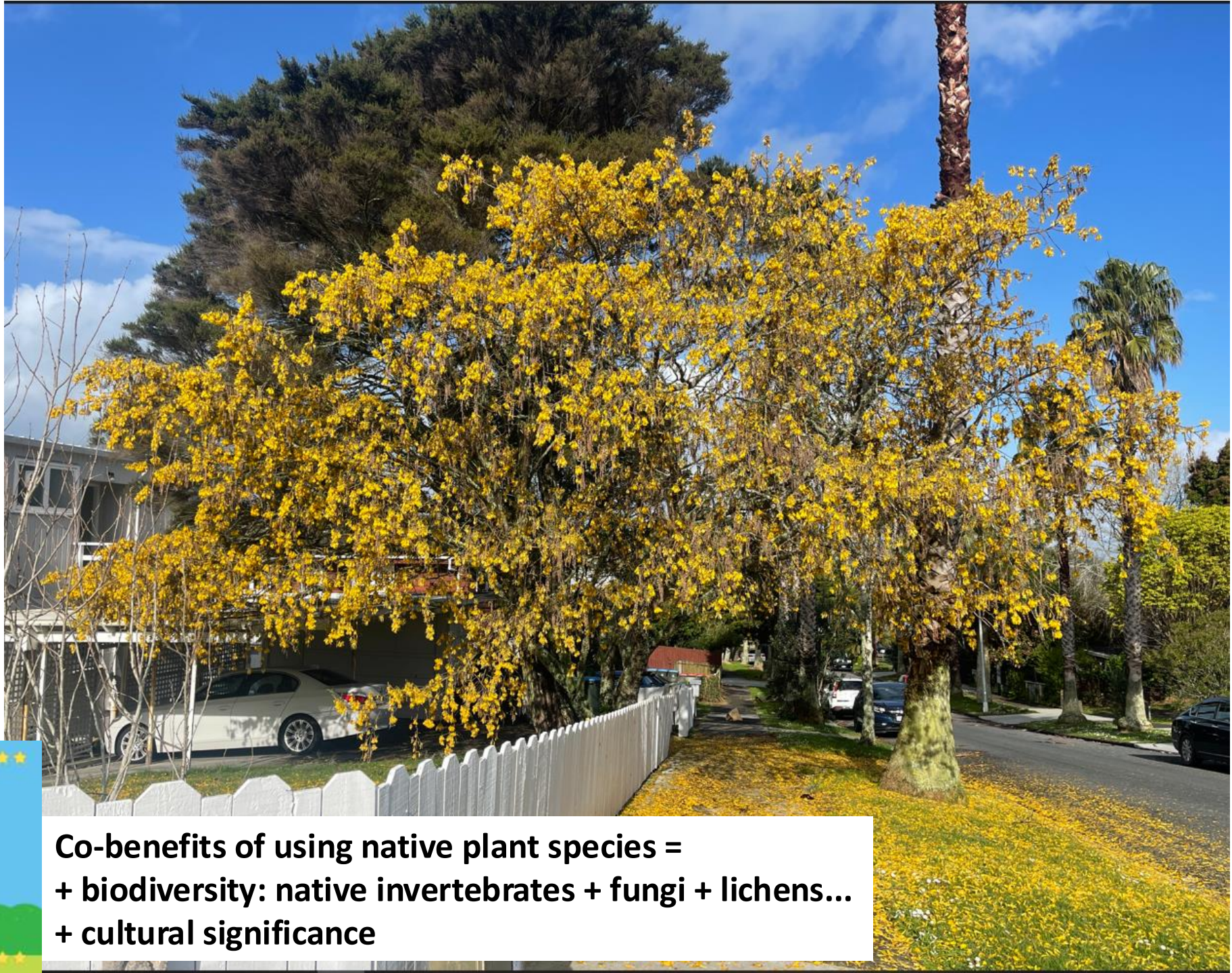




Photo: Robyn Simcock

Native plants need better PR!



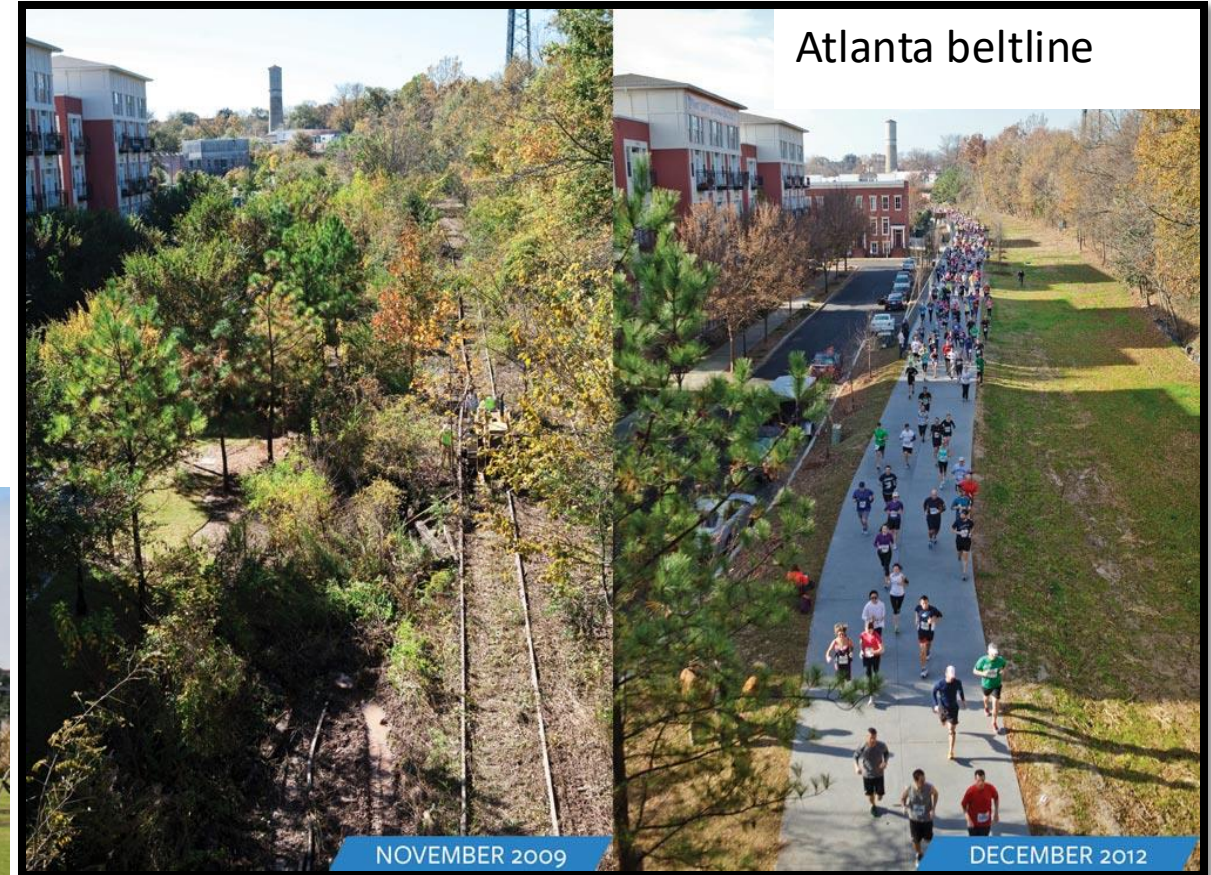


**Co-benefits of using native plant species =
+ biodiversity: native invertebrates + fungi + lichens...
+ cultural significance**

Reconnecting people with nature: Perverse outcomes

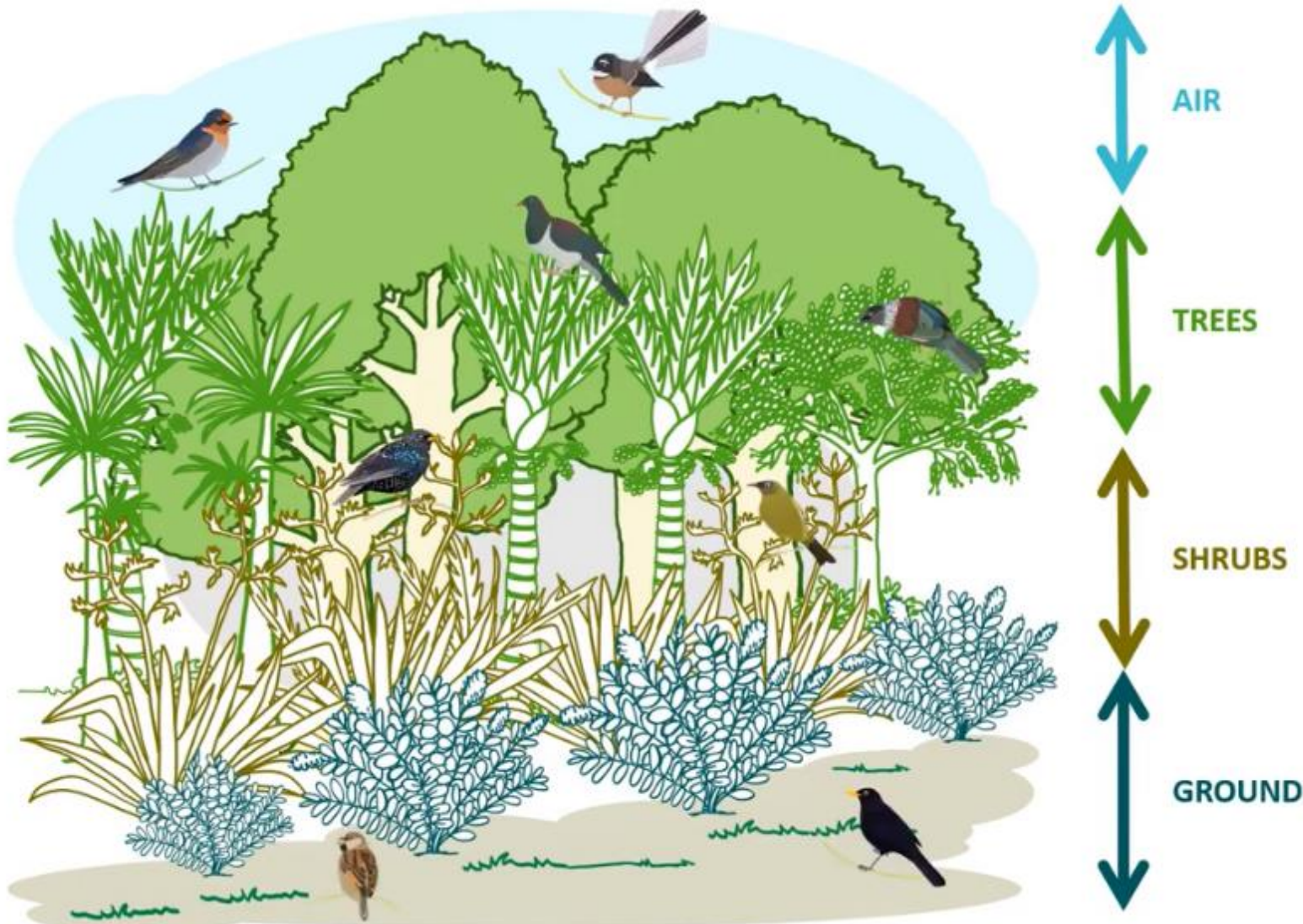
Extra pressures on green spaces:
maintenance (tidy & open!)

Crime Prevention
Through Environmental
Design (CPTED)



Stanley et al (2015) Emerging threats in urban ecosystems: a horizon scanning exercise. *Frontiers in Ecology & Environment* 13(10), 553-560.

Focus on habitat: we need complex vegetation!



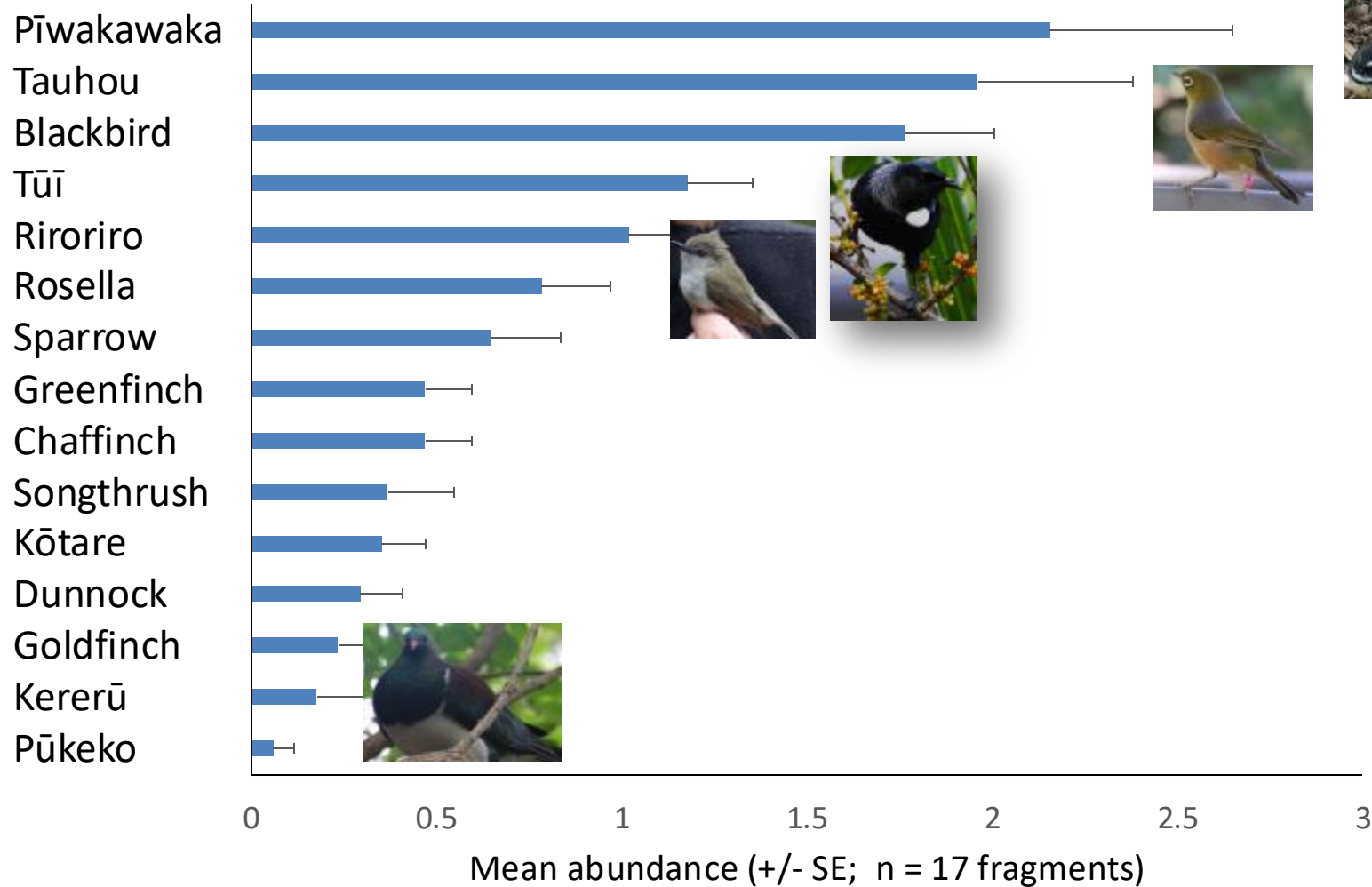
Gardens are like cakes



... they are made up of layers

Birds in urban Auckland bush patches

MSc student:
Sam Heggie-Gracie



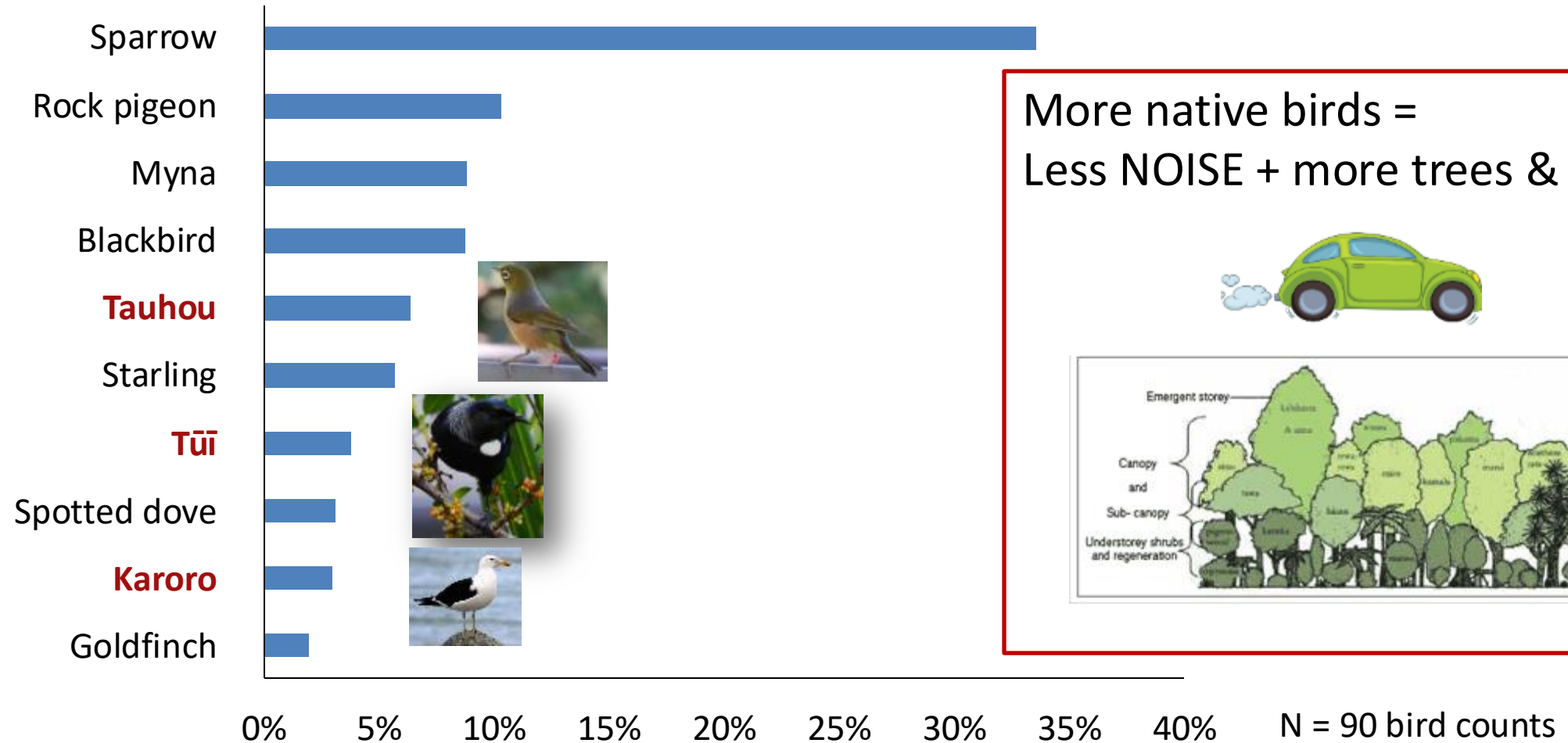
Less NOISE + human density



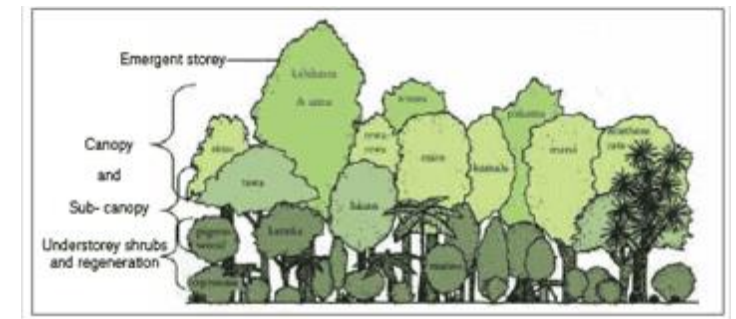
= more native birds

Heggie-Gracie et al. (2020). Urban divide: predictors of bird communities in forest fragments and the surrounding urban matrix. *Emu: Urban Birds Special Issue* 120: 333-342

What birds are in the urban matrix?



More native birds =
Less NOISE + more trees & SHRUBS

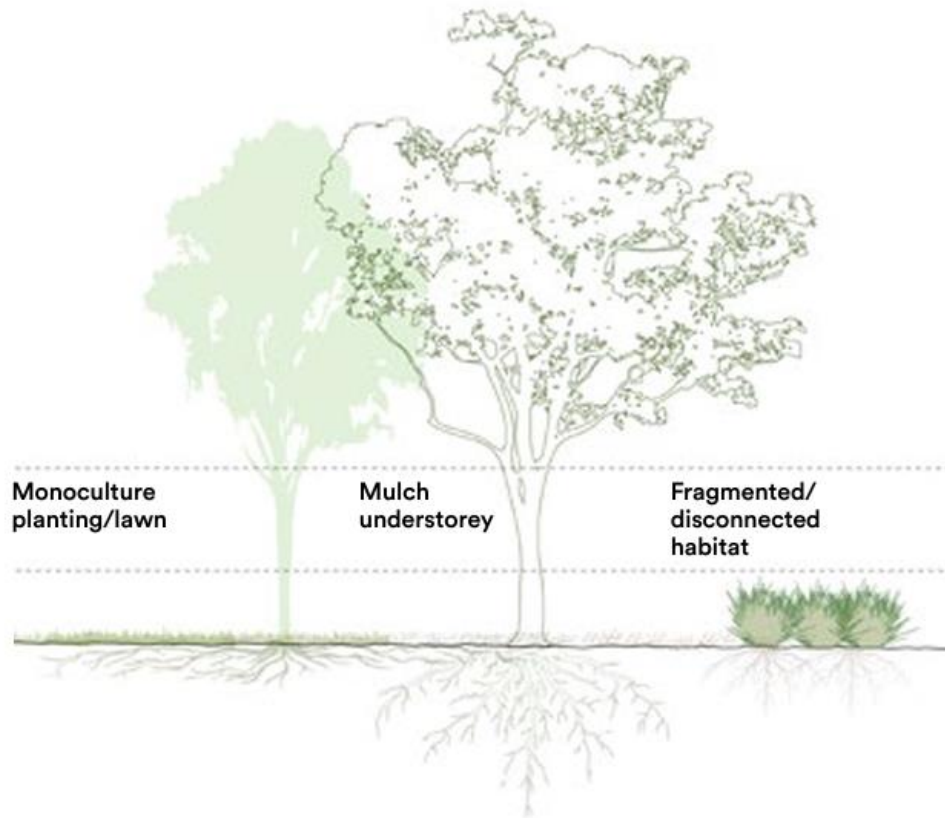


Where's the shrub layer?

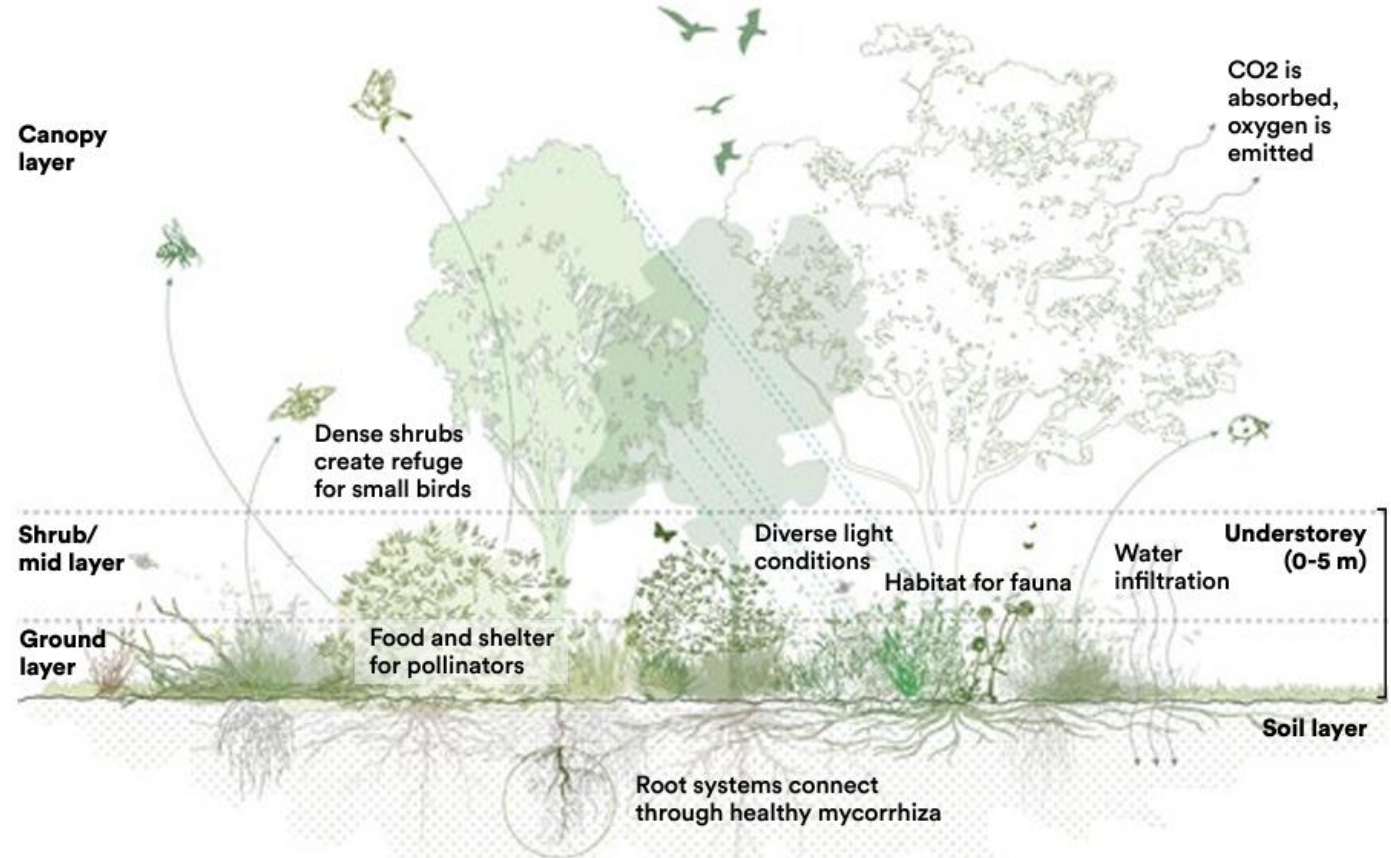




Business as Usual



Biodiversity in Place



Moving away from business as usual

Replacing failed monocultural plantings

Sydney Metro planting trials.
Images: Hassell



These are examples of projects underway that are already working towards building biodiversity in our urban environments, primarily working with existing spaces.



Revitalising leftover spaces in Centennial Park

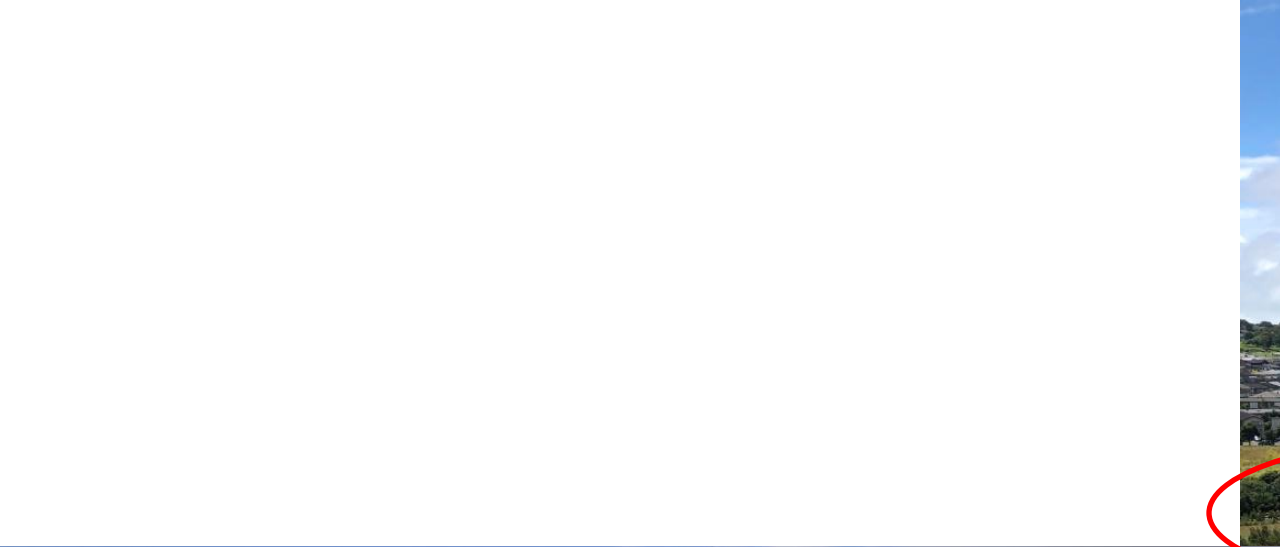
Centennial Park Cultural Garden.
Images: Brett Boardman for Arcadia



Retrofitting a street and introducing planting for biodiversity

Clowes Street, Melbourne.
Images: City of Melbourne





Can urban greening help make cities more resilient to the ongoing impacts of extreme events?

Published online: February 2023

Synthesis by: Prof. Margaret Stanley, School of Biological Sciences, Waipapa Taumata Rau/University of Auckland (mc.stanley @ auckland.ac.nz, Twitter: @mc_stanley1)

<https://newzealandecology.org/can-urban-greening-help-make-cities-more-resilient-ongoing-impacts-extreme-events>






Wilson Center
CHINA ENVIRONMENT FORUM
f t @wilsoncef

SPONGE CITIES

CHINA'S PUSH FOR GREEN (NOT GRAY) INFRASTRUCTURE

30 Chinese cities will each receive 400-600 million RMB to pilot **green roofs, constructed wetlands, increased tree cover, and permeable pavements** to capture, slow down and filter storm water.

Source: Lauren Sidner | Design: Carl Hooks

An illustration showing a cross-section of a city block. Buildings with green roofs are shown on a raised platform. Below the platform, a network of pipes and green spaces is depicted, showing how water is captured and filtered. The ground is shown with layers of soil and vegetation, and water is shown flowing through the system.

In 2016 Toronto became the first city in North America to mandate green roofs on all new construction.



Opportunities: multifunctional spaces - playgrounds



Opportunities: multifunctional spaces - schools

MSc: Abi Cunninghame

Surveyed 64 Auckland primary schools



Cunninghame & Stanley (2024). Vegetation complexity and greenspace diversity in urban schools. *Urban Forestry & Urban Greening* 101: 128544 <https://doi.org/10.1016/j.ufug.2024.128544>

Opportunities: multifunctional spaces - schools

MSc: Abi Cunninghame

- Dominated by sportsfields
- Introduced spp. > native spp.
- Pōhutukawa (monoculture?)
- Most lacked shrub layer
- 33% had environmental weeds
- 36% had a forest patch
- Every school had 1 (or more) species associated with weaving (e.g. both harakeke & tī kōuka at 83% of schools)



Cunninghame & Stanley (2024). Vegetation complexity and greenspace diversity in urban schools. *Urban Forestry & Urban Greening* 101: 128544 <https://doi.org/10.1016/j.ufug.2024.128544>

Opportunities: multifunctional spaces - schools

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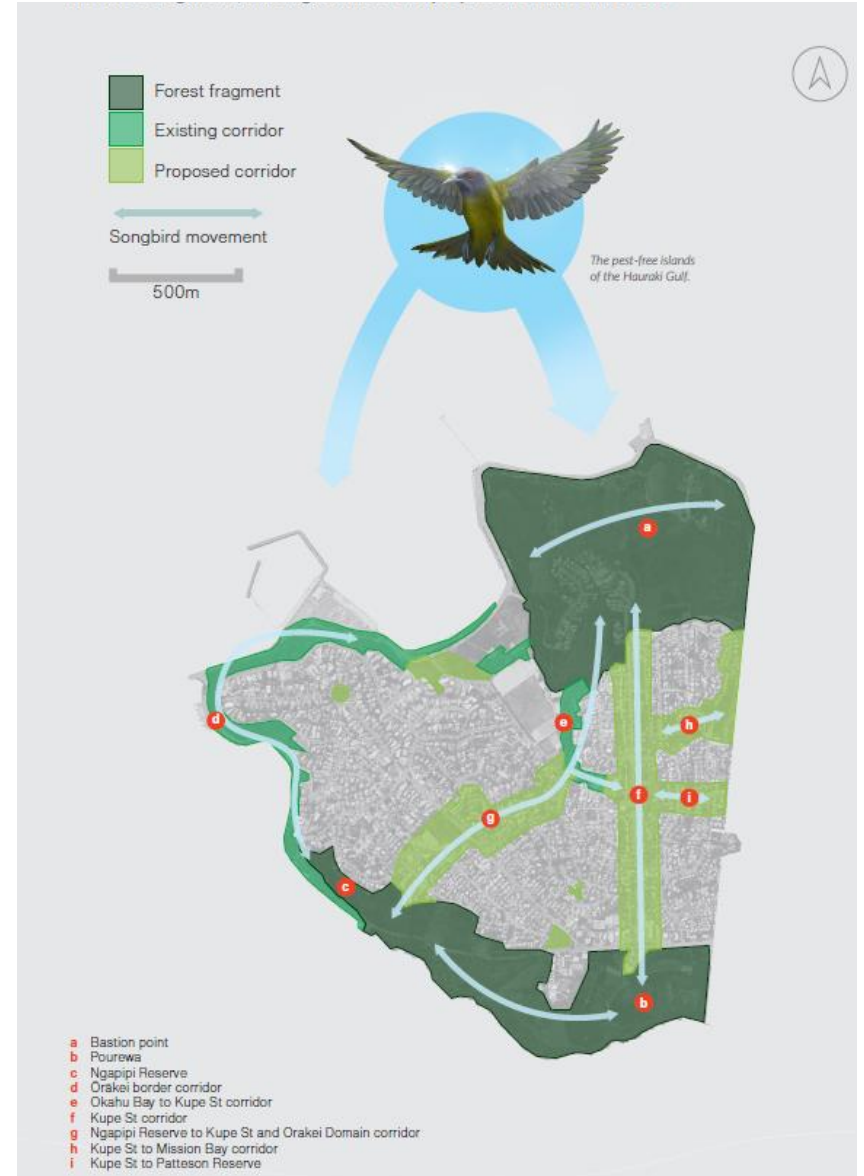
Cunninghame & Stanley (2024). Vegetation complexity and greenspace diversity in urban schools. *Urban Forestry & Urban Greening* 101: 128544 <https://doi.org/10.1016/j.ufug.2024.128544>

Opportunities: Trees to link existing habitat patches

<https://www.songbird.org.nz/events-media/ecological-corridors>



A tree's value depends on spatial context



Biggest Challenges: sourcing native plants



Biggest challenges: Perceptions

Winning Garden: 2018



Deficit thinking – disadvantages of trees
& native trees



Not valuing (\$/KPIs):
biodiversity or cultural co-benefits

Stanley & Galbraith (2024). Connecting people with place-specific nature in cities reduces unintentional harm. *Environmental Research: Ecology* DOI 10.1088/2752-664X/ad3f22



Backyards = critical: how can you contribute?

Native species
please!

Don't let pets
(cats + birds) out!

Shield outside
security lights &
put on sensor



Pest control
(weeds &
mammals!)

Diverse & complex
plantings: food &
structure for
insects & birds



Don't feed birds
bread & seeds

Peer influence: tell
everyone what
you're doing!



